



# FEBRUARY 2019



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# CRESTWOOD SCHOOL DISTRICT BREAKFAST MENU\*

## What is a Breakfast Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein

Choice of fruit or vegetable  
(must take at least a 1/2 cup)  
and

Choice of Milk - 1% white, fat-free white,  
chocolate, vanilla and strawberry

**NOTE: You must take at least 1/2 cup of fruit or vegetable**

Fruit May include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch

Trix

Cocoa Puffs

Fruity Cheerios

Rice Crunch

Kix

Cheerios

Fruit Loops

Frosted Flakes

**Try one of our new  
CRAVEABLES!!!**

**\*MENU SUBJECT TO CHANGE**



**Breakfast Prices**  
Elementary Students \$1.40  
Secondary Students \$1.65  
Reduced \$0.30

**General Manager**  
David A. Feller  
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570-474-6782 ext 311  
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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>28</b> Maple Pancake Sausage Wrap or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>29</b> Egg & Cheese Bagel or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>30</b> Twin Pancakes w/ Syrup or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>31</b> Scrambled Eggs w/ Toast or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>1</b> Waffles w/ Syrup or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk
<b>4</b> Maple Pancake Sausage Wrap or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>5</b> Egg & Cheese Bagel or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>6</b> Twin Pancakes w/ Syrup or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>7</b> Scrambled Eggs w/ Toast or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>8</b> Waffles w/ Syrup or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk
<b>11</b> French Toast Sticks w/ Syrup or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>12</b> Cheese Omelette w/ Toast or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>13</b> Twin Pancakes with Syrup or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>14</b> Dutch Waffle or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>15</b> Breakfast Pizza or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk
<b>18</b> Toasted Bagel w/ Jelly or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>19</b> Egg & Cheese Croissant or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>20</b> French Toast Sticks with Syrup or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>21</b> Cheese Omelette w/ Toast or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>22</b> Scrambled Eggs w/ Toast or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk
<b>25</b> Toasted Bagel w/ Jelly or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>26</b> Egg & Cheese Bagel or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>27</b> Waffles with Syrup or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>28</b> Dutch Waffle or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk	<b>1</b> Cheese Omelette or Assorted Cereal with Toast & Jelly  Assorted 100% Fruit Juice, Assorted Fresh & Canned Fruit Choice of Milk