



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate
Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

MS/HS Breakfast	ALL STUDENTS FREE	ALL STUDENTS FREE	ALL STUDENTS FREE
MS/HS Lunch	\$2.65	REDUCED \$0.40	Adult \$3.65
Elem. Breakfast	ALL STUDENTS FREE	ALL STUDENTS FREE	ALL STUDENTS FREE
Elem. Lunch	\$2.40	REDUCED \$0.40	Adult \$3.65

General Manager

Rebecca Salerno

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****MENU SUBJECT TO CHANGE****

Monday

1

Egg & Cheese Omelet
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

8

Mini Cinnamon Rolls
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

15

Chocolate Muffin
w/ Jungle Crackers
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

22

French Toast Sticks
w/ Syrup
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

29

NO SCHOOL

MEMORIAL DAY WEEKEND

Tuesday

2

Breakfast
Pizza
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

9

Chocolate Chip Muffin
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

16

Pancake Wrapped
Sausage on a Stick
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

23

Breakfast
Pizza
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

30

Breakfast Pizza
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

Wednesday

3

Chocolate Chip Muffin
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

10

French Toast Sticks
w/ Syrup
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

17

Pillsbury Strawberry
Mini waffles
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

24

Egg & Cheese
Omelet
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

31

Chocolate Chip Muffin
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

Thursday

4

Scrambled Eggs w/ Toast
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

11

Fruit & Yogurt
Parfait Cups
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

18

Scrambled Eggs
w/ Toast
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

25

Pancake Wrapped
Sausage on a Stick
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

Friday

5

Pillsbury Strawberry
Mini Waffles
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

12

Breakfast
Pizza
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

19

Fruit & Yogurt
Parfait Cups
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk

26

Mini Cinnamon Rolls
or
Assorted Cereal
w/ Jungle Crackers

Assorted 100% Fruit Juice,
Assorted Fresh &
Canned Fruit
Choice of Milk